

# ST. DEMETRIOS

Volume XXXV, No 05

Saco, Maine

MAY 2024

(Holy Week 2024)

**Yesterday I was crucified with Him;  
today I am glorified with Him.**

**Yesterday I died with Him;  
today I am made alive with Him.**

**Yesterday I was buried with Him;  
today I am raised up with Him.**

**Let us offer to Him Who suffered and rose again for us . . .  
ourselves,  
the possession most precious to God and most proper.**

***Let us become like Christ, since Christ became like us.***

*St Gregory the Theologian, Paschal Orations*

***A blessed Resurrection***

***Καλή Ανασταση***

This is part of the Gospel passage we read at the Resurrection Service (at about 1:00am on Pascha).

It is the opening of the Gospel of John and it is incredible!

We can read it & re-read it and never feel that we exhausted it.

Truly brothers & sisters: Χριστος Ανεστη! Christ is Risen!

*In the beginning was the Word, and the Word was with God, and the Word was God.*

*He was in the beginning with God; all things were made through him, and without him was not anything made that was made.*

*In him was life, and the life was the light of men.*

*The light shines in the darkness, and the darkness has not overcome it.*

*There was a man sent from God, whose name was John.*

*He came for testimony, to bear witness to the light, that all might believe through him.*

*He was not the light, but came to bear witness to the light.*

*The true light that enlightens every man was coming into the world.*

*He was in the world, and the world was made through him, yet the world knew him not.*

*He came to his own home, and his own people received him not.*

*But to all who received him, who believed in his name, he gave power to become children of God; who were born, not of blood nor of the will of the flesh nor of the will of man, but of God.*

*And the Word became flesh and dwelt among us, full of grace and truth; we have beheld his glory, glory as of the only Son from the Father.*

*(John bore witness to him, and cried, "This was he of whom I said, 'He who comes after me ranks before me, for he was before me.'")*

*And from his fulness have we all received, grace upon grace.*

*For the law was given through Moses; grace and truth came through Jesus Christ.*

Gospel of the Resurrection – Jn 1:1-17

Χριστος Ανεστη. — *Αληθως Ανεστη!*

Christ is Risen! -- *Truly He is Risen!*

Christ est ressuscite -- *En verite il est ressuscite!*

Hristos Voskrese -- *Voistinu Voskrese!*

Hristos a Înviat -- *Adevărat a Înviat!*

Hristos diril-Di -- *Kakikaten diril-Di!*

Al Masiyh qaam -- *Haqan qaam!*

Krishti Ungjall -- *Vertete Ungjall!*

Christ ist auferstanden -- *Christ eest owf-er-stahnden!*

\*\* \*\* \* \* \* \* \*

## About Propane!

Every year we have our **Propane Challenge on Palm Sunday**. It is of great importance since our actual cost of Fuel & the Electricity to run the Heating/Cooling units of our facility, are in the neighborhood of **\$20,000+**.

Not only the Luncheon, but everyone's donations make the difference in putting a dent into that cost!

So *thank you to the "Lacones"* for again this year putting on the Luncheon for our Community....

and: *Thank you for all your offerings!* They make a difference!

(On your check or on line, indicate St Demetrios GOYA-Propane.)

# METROPOLIS OF BOSTON MINISTRY

## AWARD #38

### **What is the Metropolis Ministry Award?**

*The award honors those lay men and women who tirelessly serve the household of God and fellow citizens of the saints for their service to their home parishes. Winners are recognized at a dinner sponsored by the Metropolis in June.*

It is with great joy that we announce that Tom Carr has been awarded the 2024 St. Demetrios Ministry Award. A Dinner will be held in June in MA... Metropolis details to follow.

As you can see from the above paragraph, it is awarded to someone who has worked tirelessly, above and beyond any expectation and "always does this with a smile"!

God Bless you Tom. AXIOS!

## BLESSED MOTHER'S DAY

“Rejoice, I will be with you Always”. This was a promise to the Apostles from the Panaghia after She fell asleep. The vision of the Panaghia - Mother of God - as She is surrounded by a multitude of Angelic Hosts, is saying these words.



For this reason, Mothers everywhere continue to pray to the Panaghia and ask Her to intercede to God on our behalf to help us with our children and to protect us all from evil things. It is such a comforting promise. May the love of the Panaghia bless each and every mother.

Have a Blessed Mother's Day.

† *Lord our God, Jesus Christ, on this day we are gathered to honor our mothers and first among them is your own holy mother, Mary the Virgin, the all holy and pure. We supplicate you to accept our supplications on behalf of all the mothers throughout the world. Give rest to those who are gone to your resting place.*

\* \* \* \* \*



**“They die for me and mine... and you and yours ... and deserve our honor and respect.” ~ Anonymous**

**Memorial Day** in the United States is observed on the last Monday of May. It was formerly known as Decoration Day and commemorates all men and women who have died in military service for the United States. Many people visit cemeteries and memorials on Memorial Day. It is also traditional to fly the flag of the United States at half-staff from dawn until noon, particularly to honor those who have died in military service. Many volunteers place an American flag on each grave in national cemeteries.

**Note:** *At St. Demetrios Cemetery in Biddeford, we also have dedicated volunteers that place flags for Memorial Day Observance. We also have Cemetery dates and hours listed on the newsletter calendar.*

## Notes (May 2024)

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### **Fasting during Pentecost season**

During the Pascha-Pentecost Season (May 5 - June 30) **we do not fast from olive oil, wine & seafood**, on any day.

On Midpentecost (**May 29**) AND the “**end**” of Pascha (**Wed. June 12**), the day before Ascension, **we also partake of fish.**

**Then Pentecost Week** (Pentecost to All Saints - Jn 23-30), **there is NO fasting.**

**There is NO Apostles Fast this year.**

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### **Memorials**

**We do not do MEMORIALS** after Liturgy when **we have additional processions/other services.** (*Lots of that during great Lent.*)

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### **Summer Camp** (Metropolis of Boston Camp in NH)

Every year many of our children attend. It has been an incredibly well run, educational & faith & fun program.

Our Community does provide scholarship help for anyone who requests it (*confidentially*).

In addition we also try to help by providing a specific supply needs for camp. *I.e. last year we provided bottled water....*

This year we will collect **toilet paper**. It must be good quality. (You can either dropped it off at the church or donate & we will order & have it delivered.)

Also the Camp has a need for new **sheets & “bath sheets”**.

*In the June Newsletter we will provide all the details....*

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## Notes continued for May 2024

### Showcase (Bookstore)

In our Narthex we have a small but good collection of books, icons, etc.

Everything is marked as a suggested cost. It is either @ retail or below retail. All extra donations go for us to increase the items we carry!

If for whatever reason you do not have the funds.... DO NOT WORRY, give whatever you can! God always has provided for our Showcase!

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**CANISTERS.** Just a reminder to take one of the Canisters (located at the Candle Stand), and fill it with quarters. Bring the filled canister to the office when ready. Thank you for your offering.

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**BAKING will resume on Tuesday, May 7<sup>th</sup>, and will continue on Tuesdays and Thursdays.** Please see Vanja Somerville or any of the ladies to ask about helping. Also please know we usually gather Tuesdays and Thursdays at 9:00am. Leave your email at ([saintfotini@gmail.com](mailto:saintfotini@gmail.com)) so that you can be included on all the updates or cancellations with the baking. When there is Liturgy, baking starts that day after Liturgy.

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### **CEMETERY HOURS**

**Saturday, May 25<sup>th</sup>, 2024,** Fr. Basil will bless graves at the following times:

10:00-10:30am St. Demetrios Cemetery, Biddeford

11:30am Oakdale Cemetery, Sanford

**Monday, May 27<sup>th</sup>, 2024,** St. Demetrios Cemetery, Biddeford

10:00-11:30am, Trisagion Prayers

11:30am Memorial Day Program

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*(continues on page 12)*

# May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1		2	3	
			<b>Χριστος Ανεστη. – Αληθως Ανεστη! Christ is Risen! - Truly He is Risen!</b>				4
<b>5 Sun. of <u>The Passover- Pascha of the Lord from death unto Life!</u></b>	6	7	8 <small>(NO fast)</small>	9  6:00pm Church Council	10  <small>(NO fast)</small>	11	
<b>12 Sun. of St Thomas &amp; Continuing - PASCHA</b> <small>8:45 am Orthros by 9:30am Liturgy</small> <b>Scholarship</b> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;"> <b>Happy Mother's Day!</b> </div>	13	14	15 <small>(o oil/wine)</small>	16  6:00pm Festival	17  <small>(o oil/wine)</small>	18	
<b>19 Sun. of Myrrhbearers</b>  <u>Ch School</u> <u>St Fotini meeting</u> <u>Spring Clean up</u>	20	21	22 <small>(o oil/wine)</small>	23	24  <small>(o oil/wine)</small>	<b>25 Cemeteries</b> <small>10:00-10:30am <b>St Demetrios</b> - Biddeford 11:30am <b>Oakdale</b> - Sanford</small>	
<b>26 Sun. of the Paralytic</b>  <u>Ch School</u>	<b>27 St Demetrios Cemetery</b> <small>10:00-11:30am Trisayion Prayers 11:30am MEMORIAL Day Program</small>	28	29 <small>(o oil/wine/fish)</small> <i>Midpentecost</i>	30	31  <small>(o oil/wine)</small>		



# GREEKFEST 24

## Volunteer Form

NAME \_\_\_\_\_

TELEPHONE #'s \_\_\_\_\_

EMAIL \_\_\_\_\_

**PLEASE RETURN YOUR FORM TO STAVRO "STEVE" NASHI.**

**Email: [snashi@maine.rr.com](mailto:snashi@maine.rr.com), phone 207-284-3705**

**AREA OF INTEREST:** *Please specify three choices*

Bookstore Cashier/tickets Children's area Dishwasher First Aid Greek Coffee Gyro Stand Ice Cream Kitchen Loukoumades Market/Bakalico	Parking Pastry Table Reception/Hospitality Salads Sanitation Outdoors Sanitation Indoors (Hall) Security Serving Line Soda/Pizza Set up Team (Thurs., 7/11 <sup>th</sup> ) Tear down Team (Sun., 7/14 <sup>th</sup> ) Trays
THANK YOU!	THANK YOU!



**BECOME A SPONSOR**  
The St. Demetrios Greek Orthodox Church  
29th Annual  
**Greek Festival**  
July 12, 13, 14, 2024

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Work is already underway for the 2024 Greek Heritage Festival. This year's festival promises to be the biggest and busiest yet. This is an excellent opportunity to promote your business. We appreciate your consideration and look forward to hearing from you soon.

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OTHER OPPORTUNITIES AVAILABLE - PLEASE REACH A FESTIVAL MEMBER AT  
**[stdemetriosfestival.com](http://stdemetriosfestival.com)**

Please enclose a business card, camera ready art or your business information. Please mail this form, with your payment (payable to St. Demetrios Greek Orthodox Church - memo: Festival Sponsorship) to:

**St. Demetrios Greek Orthodox Church**  
186 Bradley Street, Saco, ME 04072  
**THE DEADLINE FOR ADS AND FULL PAYMENT IS**  
**MAY 31, 2024**

DISCLAIMER: THE SPONSORSHIP COMMITTEE AND THE ST. DEMETRIOS GREEK ORTHODOX CHURCH AND ITS ORGANIZERS ARE NOT RESPONSIBLE FOR INFORMATION PROVIDED TO US BY SPONSORS. PLEASE MAKE SURE ALL INFORMATION PROVIDED TO US IS CORRECT.

## Notes continued for May 2024

The 2024 St. Demetrios SCHOLARSHIP AWARD goes to JOSIAH SMALLEY with heartfelt congratulations. Josiah is the son of Jeremy and Emilee Smalley and the brother of Matthias, Natalia, Gabriella, Elias, Luke, and Magdalena. Josiah has always been a dedicated servant at St. Demetrios, has served as an Altar boy, worked our Festival and has helped with many projects. He will be attending Eastern Maine Community College, and will study Diesel Mechanics. Godspeed Josiah!

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### OCMC SAMP PROGRAM

We received a thank you note from the OCMC, for our participation in the SAMP (Support a Mission Priest) program. This year, we filled the twelve months, \$50/month, \$600 total; which is also the amount that the Missionaries live on. They are sent to indigenous areas, to build a Faith community, some have never heard the Gospel, unevangelized areas, to show Christ's Love ... it is so badly needed. Biggest area that needs Missionary help is Africa. To the St. Demetrios SAMP participants, thank you. You have supported one Missionary for twelve months.

**KEEP THE FAITH !**

**“The truly intelligent man pursues one sole objective: to obey and to conform to the God of all. With this single aim in view, he disciplines his soul, and whatever he may encounter in the course of his life, he gives thanks to God for the compass and depth of His providential ordering of all things. For it is absurd to be grateful to doctors who give us bitter and unpleasant medicines to cure our bodies, and yet to be ungrateful to God for what appears to us to be harsh, not grasping that all we encounter is for our benefit and in accordance with His providence. For knowledge of God and faith in Him is the salvation and perfection of the soul.”**

*~ St. Anthony the Great*

**Monthly Financial Report.** 4/14/2024

(Operating Budget **2024**)

*Mortgage Balance: \$99,009*

**STEWARDSHIP & FINANCIAL UPDATE** *as of March 31, 2024*

Total Stewards: 137

Total Stewardship Received: \$58,244

<u>Month</u>	<u>Income (\$)</u>	<u>Expenses (\$)</u>	<u>Operating account (\$)</u>
January	\$22,632	\$21,277	\$1,355
February	\$40,905	\$31,845	\$10,414
March	\$12,548	\$19,854	\$3,110

We ended February in the **Black \$3,110!** {Compare to 2023: 10,345}.

**Our income is down by \$10,000** (compared to *LAST YEAR*).

**Our Expenses are down by \$3,000** (compared to *LAST YEAR*).

Compare: Year to date:

	<u>2023</u>	<u>2024</u>
Total Income:	<b>\$86,177</b>	<b>\$76,086</b>
Total Expenses:	<b>\$75,831</b>	<b>\$72,976</b>

***Thank You!!***

**Let our giving reflect our faith!**

\* \* \* \* \*

"We only have to show a little good intention for God to come and dwell in our heart. God wants us to be like guileless little children that do not want to speak badly of others or say anything evil at all. One minute you scold them, and the next minute they hug and caress you with love."

Gerondissa Makrina (Vassopoulos), Words of the Heart, p.257

*Thank you Sponsors for making our St. Demetrios Newsletter possible!*



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# Saint Demetrios

Greek Orthodox Metropolis of Boston

**Sunday Services:**

9:00 AM Orthros

Divine Liturgy by 10:00 AM

***Summer hours start May 15:***

Orthros 8:45 AM, Divine Liturgy by 9:30 AM

*Fr. Basil Arabatzis, Presbyter*

**Office Hours:** Mon-Fri 9:00 AM - 3:00 PM

**Website:** [stdemetriosofmaine.com](http://stdemetriosofmaine.com)

**Church:** (207) 284-5651

**FAX:** (207) 283-4641

**Home:** (207) 284-6170

*But seek ye first the kingdom of heaven and its righteousness, and all things  
will be yours as well.*

*Not everyone who says to Me, "Lord, Lord," shall enter the kingdom of heaven,  
but he who does the will of My Father who is in heaven.*

*(Mt 5-7)*

**Saint Demetrios**

Greek Orthodox Church

186 Bradley Street

Saco, ME 04072

**ADDRESS SERVICE REQUESTED**